




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit [individualandfamily.chpw.org](http://individualandfamily.chpw.org) or call 1-866-907-1906. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other [underlined](#) terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call 1-800-318-2596 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	<b>\$0 at an Indian Health Care Provider (IHCP) or with IHCP referral to a non-IHCP; or \$600 for an individual; \$1,200 for a family</b>	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible
Are there services covered before you meet your <a href="#">deductible</a> ?	Preventive care services, primary care, laboratory tests, urgent care visits, and generic brand drugs are covered before you meet your deductible.	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other <a href="#">deductibles</a> for specific services?	<b>\$600 for an individual; \$1,200 for a family</b>	You must pay all of the costs for these services up to the specific <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay for these services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	<b>\$6,100 for an individual; \$11,800 for a family</b>	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
What is not included in the <a href="#">out-of-pocket limit</a> ?	Out-of-network services are not included in out-of-pocket limit	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. There are no out-of-network providers in this plan.	This <a href="#">plan</a> uses a provider <a href="#">network</a> . You will pay less if you use a provider in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No referral is required to see an in-network specialist or provider	You can see the in-network <a href="#">specialist</a> you choose without a <a href="#">referral</a> .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's office</a> or clinic	Primary care visit to treat an injury or illness	No Charge	\$15 copay, deductible does not apply	Not Covered	<a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	<a href="#">Specialist</a> visit	No Charge	\$40 copay, deductible does not apply	Not Covered	<a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	<a href="#">Preventive care/screening/immunization</a>	No Charge	No Charge	Not Covered	<a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	No Charge	Lab work: \$20 copay X-rays: \$30 copay Deductible does not apply.	Not Covered	<a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	Imaging (CT/PET scans, MRIs)	No Charge	\$300 copay	Not Covered	<a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
If you need drugs to treat your illness or condition More information about <a href="#">prescription drug coverage</a> is available at <a href="https://individualandfamily.chpw.org/2024formulary">individualandfamily.chpw.org/2024formulary</a> .	Generic drugs	No Charge	\$10 per 30-day supply \$27 per 90-day supply Deductible does not apply.	Not Covered	Prescription drugs are provided up to a 90-day supply at participating retail pharmacies or through mail order. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	Preferred brand drugs	No Charge	\$60 per 30-day supply \$162 per 90-day supply Deductible does not apply.	Not Covered	Prescription drugs are provided up to a 90-day supply at participating retail pharmacies or through mail order. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	Non-preferred brand drugs	No Charge	\$100 per 30-day supply Deductible does not apply.	Not Covered	Coverage is limited to a 30-day supply. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
	<a href="#">Specialty drugs</a>	No Charge	\$100 per 30-day supply Deductible does not apply.	Not Covered	Coverage is limited to a 30-day supply at specialty pharmacy. *Member cost sharing for insulin as follows: (1) cap total monthly out-of-pocket at \$35 / 30-day supply; (2) insulin is not subject to deductible. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	No Charge	\$350 copay	Not Covered	<a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	Physician/surgeon fees	No Charge	\$75 copay	Not Covered	<a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	No Charge	\$450 copay	\$450 copay	Copay is waived if admitted as inpatient within 24 hours. Cost-sharing for Emergency Care Services is the same whether a member obtains services from an in-network or out-of-network provider in an emergency situation. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	<a href="#">Emergency medical transportation</a>	No Charge	\$375 copay per trip, deductible does not apply	\$375 copay per trip, deductible does not apply	Cost-sharing for Emergency Care Services is the same whether a member obtains services from an in-network or out-of-network provider in an emergency situation, <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	<a href="#">Urgent care</a>	No Charge	\$35 copay per visit, deductible does not apply	Not covered	<a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	No Charge	\$525 per day, deductible does not apply	Not Covered	Limit of 5 copayments per hospital stay. Preauthorization required. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.

[\* For more information about limitations and exceptions, see the [plan](#) or policy document at <https://individualandfamily.chpw.org>.]

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
	Physician/surgeon fees	No Charge	No Charge	Not Covered	Physician/surgeon hospital visit fees are included with the facility copay. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	No Charge	\$15 copay, deductible does not apply	Not Covered	<a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	Inpatient services	No Charge	\$525 per day, deductible does not apply	Not Covered	Limit of 5 copayments per inpatient treatment stay. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
<b>If you are pregnant</b>	Office visits	No Charge	\$15 copay, deductible does not apply	Not Covered	<a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	Childbirth/delivery professional services	No Charge	No Charge	Not Covered	Professional services fees are included with the facility charge. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	Childbirth/delivery facility services	No Charge	\$525 per day, deductible does not apply	Not Covered	Limit of 5 copayments per hospital stay. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	No Charge	\$15 per day, deductible does not apply	Not Covered	Limit to 130 visits per calendar year. Preauthorization required. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	<a href="#">Rehabilitation services</a>	No Charge	Inpatient: \$525 per day up to 5 copayments per hospital stay  Outpatient: \$25 copay per visit, deductible does not apply	Not Covered	Includes physical, speech, and occupational therapies. Inpatient: 30-day maximum for all rehabilitation therapy services per calendar year; Outpatient: 25-visit maximum for all rehabilitation therapy services per calendar year. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.

[\* For more information about limitations and exceptions, see the [plan](#) or policy document at <https://individualandfamily.chpw.org>.]

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
	<a href="#">Habilitation services</a>	No Charge	Inpatient: \$525 per day up to 5 copayments per hospital stay  Outpatient: \$25 copay per visit, deductible does not apply	Not Covered	Includes physical, speech, and occupational therapies. Inpatient: 30-day maximum for all rehabilitation therapy services per calendar year; Outpatient: 25-visit maximum for all habilitation therapy services per calendar year. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	<a href="#">Skilled nursing care</a>	No Charge	\$350 per day	Not Covered	60 days per calendar year; limit of 5 copayments per stay. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	<a href="#">Durable medical equipment</a>	No Charge	20% coinsurance	Not Covered	<a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	<a href="#">Hospice services</a>	No Charge	\$15 per day, deductible does not apply	Not Covered	Preauthorization required. <a href="#">Cost-sharing</a> waived at non-IHCP with IHCP referral. Respite Care: 14 days lifetime maximum.
<b>If your child needs dental or eye care</b>	Children's eye exam	No Charge	No Charge	Not Covered	1 exam per calendar year for routine vision screening and 1 comprehensive eye exam per calendar year.
	Children's glasses	No Charge	No Charge	Not Covered	Limited to children under age 19. One pair of prescription lenses or contacts every calendar year, including polycarbonate lenses and scratch-resistant coating. One pair of frames per calendar year, or contact lenses (in lieu of lenses and frames). Includes fitting fee.
	Children's dental check-up	Not Covered	Not Covered	Not Covered	

[\* For more information about limitations and exceptions, see the [plan](#) or policy document at <https://individualandfamily.chpw.org>.]

## Excluded Services & Other Covered Services:

### Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Out-of-network providers
- Dental Services
- Infertility Treatment
- Private Duty Nursing
- Routine Eye Exams for Adults
- Hearing Care
- Adult Orthodontia

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Reconstruction Surgery
- Abortion
- Newborn Care
- Acupuncture (12 visits per calendar year)
- Chiropractic Care (10 visits per calendar year)
- Cochlear Implants

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [WAHBE 1-855-923-4633]. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318- 2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: 1-866-907-1906.

### Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

### Does this plan meet the Minimum Value Standards? Not applicable

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

### Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-866-907-1906.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-907-1906.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-866-907-1906.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-866-907-1906.]

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

**PRA Disclosure Statement:** According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.



About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$600
- [Specialist](#) [[cost sharing](#)] \$40
- Hospital (facility) [[cost sharing](#)] \$525
- Other [[cost sharing](#)] 20%

This EXAMPLE event includes services like:

- [Specialist](#) office visits (*prenatal care*)
- Childbirth/Delivery Professional Services
- Childbirth/Delivery Facility Services
- [Diagnostic tests](#) (*ultrasounds and blood work*)
- [Specialist](#) visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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In this example, Peg would pay:

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$0
<a href="#">Copayments</a>	\$1,271
<a href="#">Coinsurance</a>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$61
<b>The total Peg would pay is</b>	<b>\$1,332</b>

**Managing Joe's Type 2 Diabetes** (a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$600
- [Specialist](#) [[cost sharing](#)] \$40
- Hospital (facility) [[cost sharing](#)] \$525
- Other [[cost sharing](#)] 20%

This EXAMPLE event includes services like:

- [Primary care physician](#) office visits (*including disease education*)
- [Diagnostic tests](#) (*blood work*)
- [Prescription drugs](#)
- [Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,700</b>
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In this example, Joe would pay:

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$600
<a href="#">Copayments</a>	\$1,096
<a href="#">Coinsurance</a>	\$58
<i>What isn't covered</i>	
Limits or exclusions	\$22
<b>The total Joe would pay is</b>	<b>\$1,776</b>

**Mia's Simple Fracture**  
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$600
- [Specialist](#) [[cost sharing](#)] \$40
- Hospital (facility) [[cost sharing](#)] \$525
- Other [[cost sharing](#)] 20%

This EXAMPLE event includes services like:

- [Emergency room care](#) (*including medical supplies*)
- [Diagnostic test](#) (*x-ray*)
- [Durable medical equipment](#) (*crutches*)
- [Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,900</b>
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In this example, Mia would pay:

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$600
<a href="#">Copayments</a>	\$660
<a href="#">Coinsurance</a>	\$48
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,308</b>

Note: These numbers assume the patient received care from an IHCP provider or with IHCP referral at a non-IHCP. If you receive care from a non-IHCP provider without a referral from an IHCP your costs may be higher.

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-866-907-1906 (TTY: 711).

**Español (Spanish) ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-907-1906 (TTY: 711).

**Tiếng Việt (Vietnamese) CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-866-907-1906 (TTY: 711).

**繁體中文 (Chinese) 注意:** 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-866-907-1906 (TTY: 711)。

**Af Soomaali (Somali) DIGTOONI:** Haddii aad ku hadasho Af Soomaali, adeegyada caawimada luqadda, oo lacag la'aan ah, ayaa lagu heli karaa adiga. Wac 1-866-907-1906. (TTY: 711).

**Русский (Russian) ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-866-907-1906 (телетайп: 711).

**(Arabic) العربية ملحوظة:** إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم (طابعة هاتفية: 711) 1906-907-866-1.

**አማርኛ (Amharic) ማስታወሻ:** የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያገዝዎት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር ይደውሉ 1-866-907-1906 (መስማት ለተሳናቸው: 711)።

تماس بگیرید (TTY: 711) اگر به زبان دری صحبت می کنید، خدمات مساعدت زبان، طور رایگان برای شما موجود می باشد. با شماره 1906-907-866-1 (Dari) توجه برای دری

**ትግርኛ (Tigrinya) ምልክታ:** ትግርኛ ትዘረብ ተኸይንካ ኣገልግሎት ኣገዝ ቋንቋ ንዓኻ ብናጻ ይርከብ። ደውል 1-866-907-1906 (TTY: 711)።

**ဗမာ (Burmese) သတိပြုရန် -** အကယု၍ သွည့် ချမန္တစကား ကို ဝေ့ဟပါက၊ ဘာသာစကား အကူအညီ၊ အခမဲ့၊ သင့်အကြံပြု

စီစဉ်ဆောင်ရွက်ပေးပါမည့်။ ဖုန်းနံပါတ် 1-866-907-1906 (TTY: 711) သို့မဟုတ် ဝေ့ဆိုင်ပါ။

**ਪੰਜਾਬੀ (Panjabi) ਧਿਆਨ ਦਿਓ:** ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-866-907-1906 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

**한국어 (Korean) 주의:** 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-866-907-1906 (TTY: 711) 번으로 전화해 주십시오.

**(Farsi) توجه:** اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای فارسی تماس بگیرید (TTY: 711) شما فراهم می باشد. با 1906-907-866-1

**Українська (Ukrainian) УВАГА!** Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-866-907-1906 (телетайп: 711).

**ភាសាខ្មែរ (Khmer) កត់ចំណាំ:** ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ សេវាជំនួយភាសាមិនគិតថ្លៃមានសម្រាប់អ្នក។ សូមទូរសព្ទមកលេខ 1-866-907-1906 (TTY: 711)។