



**COMMUNITY HEALTH PLAN**  
of Washington™

The power of community

Apple Health (Medicaid)  
Medicare Advantage  
Individual & Family Plans

## Community Health Plan of Washington

Health coverage for every age and stage of life

### Your local partners in health

For more than 30 years, Community Health Plan of Washington (CHPW) has been serving Washington residents with quality health care.

Why Washington? We live here. We're deeply rooted in the communities we serve, because they're our communities, too.

Our local connections support your whole health—through food banks, mental health services, help with utilities, and more. Plus, all our plans include one-on-one support from trained staff. You're never alone.



What our members have to say



Perla, 27 Apple Health (Medicaid)

A new mom with an unstable home and few supportive people in her life. She'd just had a baby, and needed help with mental health, transportation, and housing. CHPW's team helped her get the care and resources she needed.

*"Thank you again so much. Your program is hands-down the best thing I have ever seen offered to people in my position, and you guys go beyond that. I have received far more than just help."*



Yuusuf, 67 Medicare Advantage

Yuusuf had complex medical needs—but he also had our team on his side. CHPW's Case Management team helped him schedule podiatrist and colonoscopy appointments, and arranged for his medications to be delivered to his home.

*"I feel a pressure has been lifted off my shoulders ... I feel comfortable, finally, about my health care."*


## Apple Health (Medicaid)


### Consider Apple Health if ...


Your household income is at or below the Apple Health standard\*


Or, you have kids, are pregnant, or are thinking about becoming pregnant

### Benefits include...

 Free eyeglasses for adults

 Free acupuncture, chiropractic, and massage therapy for pain and stress

 Community Support Services and Care Management support

 Plus medical, mental health, dental coverage, and other \$0 benefits to help you stay healthy

See more at:  
[chpw.org/benefits](http://chpw.org/benefits)



\*Amount can change every year. Talk to our enrollment specialists to see if you qualify.


## Individual & Family Cascade Select


### Consider one of our Individual & Family Plans if ...


✓ You are 19 through 64 years


✓ Your household income is too high for Apple Health, but you want a more affordable health plan which still covers standard benefits

### Benefits include...

 Affordable premiums as low as \$0/month\*

 Medical, specialist, prescription drug, and mental health coverage

 Telehealth and urgent care

 90% of our members qualify for extra savings on their health care costs

See more at:  
[individualandfamily.chpw.org/benefits](http://individualandfamily.chpw.org/benefits)



\*With financial support, if eligible


## Medicare Advantage


### Medicare Advantage Plans are a good choice if ...


✓ You are over 65 years, or you are under 65 and have certain disabilities


✓ You want all your Medicare services under one plan with affordable premiums as low as \$0 a month

### Benefits include...

 Dental and vision\*\*

 Prescription drug coverage (on all plans except Freedom Plan)

 Acupuncture, chiropractic, massage\*, and naturopathy

 Fitness kit & gym membership

See more at:  
[medicare.chpw.org/benefits](http://medicare.chpw.org/benefits)



\*Massage available on Plan 2, Dual Complete, and Dual Select  
\*\*Vision benefits not covered on Plan 1 and Plan 2


## Medicare Advantage Dual Plans (HMO D-SNP)


### You may qualify for one of our Dual Plans if ...


✓ You are enrolled in Medicare and eligible for full or partial Medicaid


✓ You want all your Medicare and Medicaid services under one plan, plus more benefits

### Benefits include...

 Up to \$100/month for food and health products

 Free companionship and help around the house

 \$0 copay for covered dental services, up to \$5000\*/year

 Plus vision, prescription drugs, hearing aids, and more...

See more at:  
[medicare.chpw.org/dual-plans](http://medicare.chpw.org/dual-plans)



\*Must be eligible for Dual Complete. Dual Select covers up to \$500/year.

# Ready to enroll?

Our friendly enrollment specialists can answer your questions and help you pick a plan.



## **Apple Health (Medicaid)**

1-866-907-1904 (TTY: 711)

Monday-Friday, 8 a.m. – 5:30 p.m.

[chpw.org](http://chpw.org)



## **Individual & Family Cascade Select**

1-833-993-0181 (TTY: 711)

Monday-Friday, 8 a.m. – 5 p.m.

[individualandfamily.chpw.org](http://individualandfamily.chpw.org)



## **Medicare Advantage**

1-800-944-1247 (TTY: 711)

7 days a week, 8 a.m. – 8 p.m.

[medicare.chpw.org](http://medicare.chpw.org)

Community Health Plan of Washington is an HMO plan with a Medicare contract and a contract with the Washington State Medicaid program. Enrollment in Community Health Plan of Washington depends on contract renewal. Community Health Plan of Washington complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Under Washington law, people have a right to be free from discrimination because of race, creed, color, national origin, sex, veteran or military status, sexual orientation, or the presence of any sensory, mental, or physical disability or the use of a trained dog guide or service animal by a person with a disability. If you need an accommodation, or require documents in another format or language, please call 1-800-440-1561 (TTY: 711) Monday to Friday, 8:00 a.m. to 5:00 p.m. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-440-1561 (TTY: 711). ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-440-1561 (телетайп: 711).

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