



COMMUNITY HEALTH PLAN
of Washington™
The power of community

INDIVIDUAL & FAMILY PLANS

2024 Dheefta Kooban



Daryeelka caafimaadka aad
awoodo. Kooxda maxaliga
ah ee aad aamini karto.

Qorshee ayaa adiga kugu habboon?

Su'aalaha la waydiinayo naftaada marka aad u iibinayso shakhsi ama qorshaha caafimaadka qoyska.



Kharashyadee ayaan ka filanayaa daboolida caafimaadkayga?

Waa muhiim in la ogaado inta aad bixin doonto bil kasta si loogu daboolo qorshaha (lacagta caymiska) sida laguula qorsheeyo kala qaybinta kharashka adeegyada caafimaadka (wadaagida kharashka) iyo waxa aad ku kharash garayn doonto dawo qorida. Iyaddoo ku xidhan dakhligaaga, waxaad awoodi doontaa inaad kaydiso lacagta caymisyadaada iyo kharashyada ka baxsan jeebka marka aad iska diiwaangelisao qorshaha dhexda Washington Healthplanfinder. Soo wac CHPW si aad u barato haddii aad u qalanto kharashyada la yareeyay.

Miyaa adeegyadu aan ku tiirsanahay la daboolaa?

CHPW waxay dabooshaa heer aad u badan oo adeegyada dawada ah ay ku jiraan ka hortagga, ka koowaad, iyo daryeelka gaarka ah, caafimaadka dhaqanka, iyo dawo qorida.

Miyaan awoodi doonaa si aan u haysto dhakhtarkayga(rada)?

Waxaad dooni inaad ogaato haddii dhakhtarka aad aragto ama cusbitaalku aad u baahan tahay inaad tagto ay ku jiraane shabakada qorshaha. Shabakada CHPW waxay ku siisaa in ka badan 250 rugood, 1,400 adeeg bixiyayaasha daryeelka koowaad, iyo 15,000 khabiirada gobolka oo dhan.

Sidee ku bixiyaa biilka bilaha ah (lacagta caymiska) ee qorshahayga?

Qaabka ugu fudud waa in lagu habeeyo lacag bixinta otomaatika ah, dhexda E-Bill Express, degelkayaga lacag bixinta amniga ah. Booqo individualandfamily.chpw.org/pay-your-bills macmuulaad dheeraad ah. Waxad sidoo kale lacagta ku soo gudbin karaa Xawilaada Lacagta ee Korontada ah (EFT)

Cascade Select

Gold

Waxaad bixisaa lacagta caymiska bilaha ee badan. Waxaad leedahay jarjarid yar (qadarka aad bixiso ka hor inta aanu qiimahaaga kharashka la wada bixiyo bilaabmin), siiba inta ugu badan ee hoosaysa ee jeebka ka baxsan (qadarka aad bixiso ka hor inta aanaan bixin 100% adeegyada la daboolo). Adeeyo badan waxay leeyihiin kharashka la wadagao oo go'an.

Silver

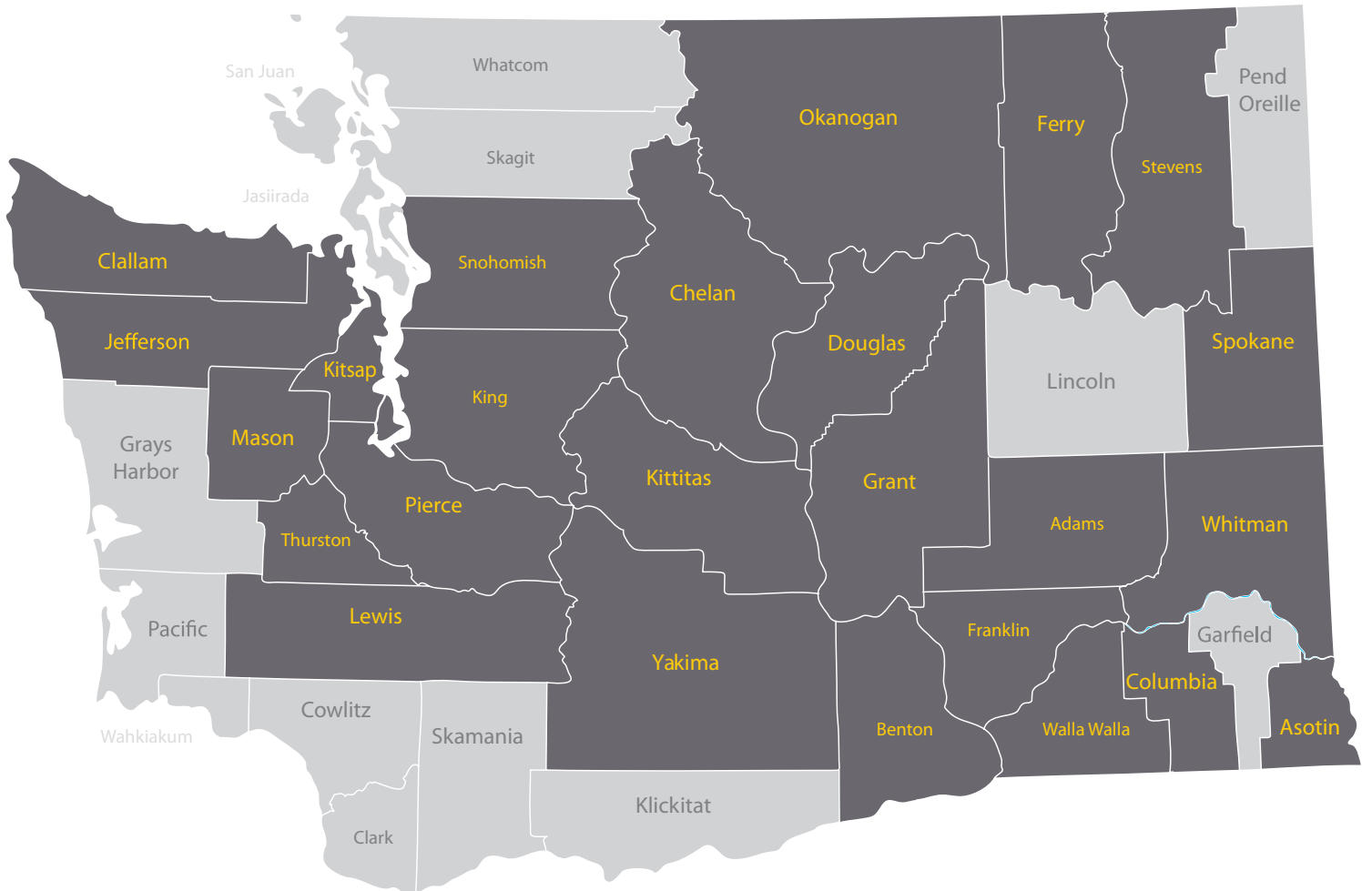
Kharashka deeliga tiran ee u dhxeeya lacagta caymiska, jarjarida, iyo inta ugu badan ee jeebka ka baxsan. Adeeyo badan waxay leeyihiin kharashka la wadagao oo go'an.

Bronze

You pay a low qadarka caymiska bilaha ah. Waxaad haysataa jarjarida ugu badan ka hor inta aanu bilaabmin heerka kharashka la wada bixiyo/caymiska wadaaga ah, siiba inta ugu badan ee jeebka ka baxsan. Adeegyada qaarkood waxay leeyihiin kharashka la wada bixiyo oo go'an, caymiska wadaaga ah oo kale (boqolkiiba wadarta kharashka).



Qorshahayaga Daboolida



Dheefta	Gold
Jarjarida (\$)	Shakhsiga \$600 Qoyska \$1,200
Inta ugu badan ee Ka baxsan Jeebka	Shakhsiga \$6,100 Qoyska \$12,200
Booqashada Daryeelka Koowaad si loo daweeyo dhaawac ama jiiro.	\$15
Booqashada Khabiirka	\$40
Caafimaadka Maskaxda/Dhaqanka iyo Isticmaalka Maandooriyaha Adeegyada Bukaanku socodka	\$15
Daryeelka Ka hortagga/Baadhitaanka/Tallaalka	\$0
Baadhitaanka Indhaha Caadiga ah ee Carruurta	\$0
Daryeelka Degdega ah	\$35
Adeegyada Qolka Gurmada ah (Gudaha iyo Dibada Shabakada)	\$450 ka dib jarjarida
Gaadhiga gurmada	\$375
Adeegyada Caafimaadka Bukaanku jifka	\$525*
Dawooyinka aan summada lahayn (30 Maalmood)	\$10
Dawada summada leh ee la doorbido (30 Maalmood)	\$60
Dawada summada aan lahayn ee aan la doorbidin (30 Maalmood)	\$100
Dawooyinka Qaaliga ah (30 Maalmood)	\$100
Sawirida Heerka sare ah (CT/PET sawirada, MRI)	\$300 ka dib jarjarida
Hadalka, daawaynta maskaxda iyo Jidhka	\$25
Shaybaadhka Bukaanku socodka iyo Adeegyada Xirfadeed	\$20
Raajada iyo Sawirida Cudur baadhida ah	\$30
Xarunta kalkaaliska xirfada leh	\$350 ka dib jarjarida**
Kharashka Xarunta Bukaanku socodka	\$350 ka dib jarjarida
Dhakhtarka Qaliinka Bukaanku socodka/Adeegyada Qaliinka	\$75 ka dib jarjarida

Iyaddoo ku xidhan dakhligaaga, waxaad u qalmi kartaa kaydsga yareeya kharashyadaada ka baxsan jeebka hoosta Qorshaha Silver. Macluumaadka dheeraadka ah, soo wac CHPW. *Kharashka la wada bixiya maalin kasta, ku xadid kharashka la wada bixiyo 5 joogidiiba ** Kharashka la wada bixiyo maaliintiiba

Dheefta	Silver ¹
Jarjarida (\$)	Shakhsiga \$2,500 Qoyska \$5,000
Inta ugu badan ee Ka baxsan Jeebka	Shakhsiga \$9,200 Qoyska \$18,400
Booqashada Daryeelka Koowaad si loo daweeyo dhaawac ama jiiro.	\$30 (U qalma labba booqasho oo ah \$1 karashka la wada bixiyo, ka dib taas oo \$30 kharashka la wada bixiyo loo adeegsado.)
Booqashada Khabiirka	\$65
Caafimaadka Maskaxda/Dhaqanka iyo Isticmaalka Maandooriyaha Adeegyada Bukaanku socodka	\$30 (U qalma labba booqasho oo ah \$1 karashka la wada bixiyo, ka dib taas oo \$30 kharashka la wada bixiyo loo adeegsado.)
Daryeelka Ka hortagga/Baadhitaanka/Tallaalka	\$0
Baadhitaanka Indhaha Caadiga ah ee Carruurta	\$0
Daryeelka Degdega ah	\$65
Adeegyada Qolka Gurmadka ah (Gudaha iyo Dibada Shabakada)	\$800 ka dib jarjarida
Gaadhiga gurmadka	\$375
Adeegyada Caafimaadka Bukaanku jiiifka	\$800 ka dib jarjarida*
Dawooyinka aan summada lahayn (30 Maalmood)	\$25
Dawada summada leh ee la doorbido (30 Maalmood)	\$75
Dawada summada aan lahayn ee aan la doorbidin (30 Maalmood)	\$250 ka dib jarjarida
Dawooyinka Qaaliga ah (30 Maalmood)	\$250 ka dib jarjarida
Sawirida Heerka sare ah (CT/PET sawirada, MRI)	30% ka dib jarjarida
Hadalka, daawaynta maskaxda iyo Jidhka	\$40
Shaybaadhka Bukaanku socodka iyo Adeegyada Xirfadeed	\$40
Raajada iyo Sawirida Cudur baadhida ah	\$65
Xarunta kalkaaliska xirfada leh	\$800 ka dib jarjarida**
Kharashka Xarunta Bukaanku socodka	\$600 ka dib jarjarida
Dhakhtarka Qaliinka Bukaanku socodka/Adeegyada Qaliinka	\$200 ka dib jarjarida

¹Iyaddoo ku xidhan dakhligaaga, waxaad u qalmi kartaa kaydiga yareeya kharashyadaada ka baxsan jeebka hoosta Qorshaha Silver. Macluumaadka dheeraadka ah, soo wac CHPW. *Kharashka la wada bixiya maalin kasta, ku xadid kharashka la wada bixiyo 5 joogidiiba ** Kharashka la wada bixiyo maalintiiba

Dheefta	Bronze
Jarjarida (\$)	Shakhsiga \$6,000 Qoyska \$12,000
Inta ugu badan ee Ka baxsan Jeebka	Shakhsiga \$9,200 Qoyska \$18,400
Booqashada Daryeelka Koowaad si loo daweeyo dhaawac ama jiiro.	\$50 (U qalma labba booqasho oo ah \$1 karashka la wada bixiyo, ka dib taas oo \$50 kharashka la wada bixiyo loo adeegsado.)
Booqashada Khabiirka	\$100 ka dib jarjarida
Caafimaadka Maskaxda/Dhaqanka iyo Isticmaalka Maandooriyaha Adeegyada Bukaanku socodka	Booqashooyinka Xafiiska: \$50 (U qalma wax ka badan labba booqasho xaga \$1 kharashka la wada bixiyo ka dib taas oo \$50 kharashka la wada bixiyo la adeegsado.) Kale: 40% ka dib jarjarida
Daryeelka Ka hortagga/Baadhitaanka/Tallaalka	\$0
Baadhitaanka Indhaha Caadiga ah ee Carruurta	\$0
Daryeelka Degdega ah	\$100
Adeegyada Qolka Gurmada ah (Gudaha iyo Dibada Shabakada)	40% ka dib jarjarida
Gaadhiga gurmada	40% ka dib jarjarida
Adeegyada Caafimaadka Bukaanku jifka	40% ka dib jarjarida
Dawooyinka aan summada lahayn (30 Maalmood)	\$32
Dawada summada leh ee la doorbido (30 Maalmood)	40% ka dib jarjarida
Dawada summada aan lahayn ee aan la doorbidin (30 Maalmood)	40% ka dib jarjarida
Dawooyinka Qaaliga ah (30 Maalmood)	40% ka dib jarjarida
Sawirada Heerka sare ah (CT/PET sawirada, MRI)	40% ka dib jarjarida
Hadalka, daawaynta maskaxda iyo Jidhka	40% ka dib jarjarida
Shaybaadhka Bukaanku socodka iyo Adeegyada Xirfadeed	40% ka dib jarjarida
Raajada iyo Sawirada Cudur baadhida ah	40% ka dib jarjarida
Xarunta kalkaaliska xirfada leh	40% ka dib jarjarida
Kharashka Xarunta Bukaanku socodka	40% ka dib jarjarida
Dhakhtarka Qaliinka Bukaanku socodka/Adeegyada Qaliinka	40% ka dib jarjarida

Iyaddoo ku xidhan dakhligaaga, waxaad u qalmi kartaa kaydsga yareeya kharashyadaada ka baxsan jeebka hoosta Qorshaha Silver. Macluumaadka dheeraadka ah, soo wac CHPW. *Kharashka la wada bixiyo maalin kasta, ku xadid kharashka la wada bixiyo 5 joogidiiba ** Kharashka la wada bixiyo maaliinta

Markee iyo sidee ayaan isku diiwaangeliyaa?

Waxaad isku diiwaangelin kartaa daboolida 2024 dhexda Washington Healthplanfinder muddada diiwaangelinta furan laga bilaabo Noofambar 1, 2023 ilaa Janaayo 15, 2024. Waxaad sidoo kale u qalmi kartaa inaad ku biirto wakhti ka baxsan muddada diiwaan gelinta furan—na soo wac si aad u aragto haddii aad u qalanto.



Ku codso Telefoonka

Khabiirtka ruqsada haysta ee CHPW waxa uu ku farxi doonaa inuu ku caawiyo si uu kuu diiwaangeliyo Soo wac 1-833-993-0181 (TTY Relay: 711) ee u dhexaysa 8 subaxnimada iyo 5 galabnimo, Isniinta ilaa Jimcaha.

Diiwaan gelinta/Su'aalaha U qalmida:
1-833-993-0181
TTY: 711

Su'aalaha Adeega Macmiilka:
1-866-907-1906
TTY Relay: 711

8 subaxnimo ilaa 5 galabnimo Isniinta – Jimce



Ka codso Onlaynka

Booqo websaydkayaga xaga cinwaanka hoose oo raac tallaabooyinka si aad u adeegsato dhexda Washington Healthplanfinder.

Shabakada:
individualandfamily.chpw.org/enrollment

Cinwaanka Boostada:
**Community Health
Plan of Washington**

**1111 3rd Ave, Suite 400
Seattle, WA 98101-3207**

Community Health Plan of Washington waxa uu waafaqsan yahay sharciyada xuquuqda madaniga Federaalka ee ku habboon oo uma takooro dadka qaab ku salaysan isirka, midanka, asalka qaranka, da'da, naafanimada, ama jinsiga.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-942-0247 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-907-1906 (TTY: 711).

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-866-907-1906 (TTY: 711).